



Free 3-day Grief Support Camp for Children & Teens: Aug. 5-7, 2022

Why By the Bay Camp?

Children and teens grieve differently than adults. By the Bay Camp, presented in partnership with Comfort Zone Camp at the CYO camp retreat center in Sonoma, helps them to build trust and ease the isolation young people often feel after a death.

How Do I Apply?

Campers must be between the ages of 7-17 (18 if still in high school) who have lost a parent, sibling or significant person.

To apply or learn more, click on the links below.

For help with registration contact Elyse Granger:

egranger@comfortzonecamp.org,
or call (804) 601.8867

What is Camp Like?

By the Bay Camp features icebreakers, age-based support groups led by trained grief specialists and camp fun such as games, crafts, a ropes course, archery and swimming. Campers are paired with their own Big Buddy mentor who encourages their self-expression and interaction with their peers.

Who is Comfort Zone?

Comfort Zone Camp is a national nonprofit organization that offers FREE 3-day weekend camps, family camps, and virtual programs. All programming empowers children to grieve, heal and grow in healthy ways.

Online Application



Learn More



www.bythebayhealth.org/by-the-bay-camp/